

## **Sustainability and Transformation Plans Factsheet**

Sustainability and Transformation Plans (STPs) are plans to implement the NHS Five Year Forward View.

The NHS Five Year Forward View is a document from NHS England. It sets out the challenges which face the health and social care system, and how we can rise to these challenges.

The three main categories of challenges are:

1. Closing the health and wellbeing gap
2. Closing the care quality gap
3. Closing the funding gap

But we need to find a way to face these challenges locally.  
Which is where STPs come in!

### **What are STPs?**

STPs are jointly developed between NHS providers, the Clinical Commissioning Groups (CCGs), Local Authorities, and other health and care services.

We need to **transform** our health and social care services to make them more **sustainable**

At the moment, the way we deliver services has led, unintentionally, to making people more dependent and less able to look after themselves. For example, the longer you stay in a hospital the more muscle mass you lose. This means that in 10 days you can lose 10 years of mobility. This doesn't mean we shouldn't use hospitals, but we should be going in and coming out again as quickly as possible. What we need to do is transform our health and social care system. The focus must be on us helping you stay in control of your own life and choices, connected to your community.

## Goals for STPs:

- Strengthen local relationships between CCGs, providers (including hospitals, GPs, mental health services), and local authorities, with the common goal of implementing the steps needed to meet the challenges put forward in the NHS Five Year Forward View
- Make sure health and social services meet the local population's needs
- Enable local services to become sustainable
- Help to improve people's ability to look after themselves, and the community's ability to support each other
- Make the best use of the resources available in order to improve the experiences of the local people. This means exploring ways to reducing illness and disease, the impact of these on people's lives, and ultimately to reduce the inequalities that exist between local populations
- Involvement of the voluntary sector, and working as equal partners with the community to create a health and social care system based around their needs

## Our Local Plan

England has been split into 44 sections, called 'footprints', that show which different CCGs, local authorities and NHS providers are working together to create these local plans.

East Riding of Yorkshire falls under The Humber, Coast and Vale footprint, which includes 6 CCGs, 6 local authorities, and all the health and social care organisations which provide services within these areas.

| NHS commissioning organisations:  | Healthcare provider organisations:   | Local Authorities:   |
|---|--|--|
| <ul style="list-style-type: none"><li>- Hull Clinical Commissioning Group</li><li>- North East Lincolnshire Clinical Commissioning Group</li><li>- Vale of York Clinical Commissioning Group</li><li>- North Lincolnshire Clinical Commissioning Group</li><li>- East Riding of Yorkshire Clinical Commissioning Group</li><li>- Scarborough and Ryedale Clinical Commissioning Group</li></ul> | <ul style="list-style-type: none"><li>- Humber NHS Foundation Trust</li><li>- North Lincolnshire and Goole NHS Foundation Trust</li><li>- Tees, Esk and Wear Valleys NHS Foundation Trust</li><li>- City Health Care Partnerships CIC</li><li>- Hull and East Yorkshire NHS Foundation Trust</li><li>- Navigo</li><li>- Rotherham, Doncaster and South Humber NHS Foundation Trust</li><li>- York Teaching Hospital NHS Foundation Trust</li></ul> | <ul style="list-style-type: none"><li>- City of York Council</li><li>- East Riding of Yorkshire Council</li><li>- Hull City Council</li><li>- North Lincolnshire Council</li><li>- North East Lincolnshire Council</li><li>- North Yorkshire County Council (who are involved in 3 different STP footprints)</li></ul> |

## 6 Key areas of priority identified for our area:

1. Prevention
2. Acute & Specialised including Urgent & Emergency Care
3. Out of Hospital
4. Strategic Commissioning
5. Mental Health
6. Governance

### 1 Greater focus on Prevention



- Pursue other determinants of health to drive wellbeing & prevention, eg housing, social inclusion, employment
- Prevention at scale – Social investment

### 2 A single acute provider model across the footprint



- Acute services working in a consolidated model
- Integrated at the front line
- Standardised clinical pathways
- Shared back office
- Networked tertiary model in HCV, with links to Leeds and Sheffield

**Big Decision**  
We need to decide the form: hospital chain, network or single provider

### 4 Strategic Commissioning



- Both health and social care
- Common standards & planning assumptions
- Performance management of acute provider & ACOs
- Smaller number of contracts
- Define and specify outcomes allowing Providers freedom to innovate

**Big Decision**  
We need to decide the best fit for delivery: single commissioner, integrated H&Sc COG level, or joint plans

### 3 Out of Hospital Accountable Care



- Standardised care model
- Includes Acute, Primary, Community (inc. VCS), Mental Health & Social Care
- Drive & manage demand
- Create capacity & resilience
- Build strong engagement with social care market
- Transformed Primary Care
- Increase in personal health & care budgets

**Big Decision**  
We need to decide what our future workforce model will be for out of hospital

### 5 Mental Health

- Break down age barriers
- Better navigation
- Increase dementia training
- New care models and market stimulation
- Increase uptake of personal health & care budgets



### 6 System-level Governance



- Decision making process agreed, enforced and clinically informed
- Rules of engagement between organisations established
- Statutory duties & obligations accounted for
- New payment mechanisms to be in place

**Big Decision**  
We need to decide how best we control funding across the system

To find out more, have a look at: [www.england.nhs.uk/stp](http://www.england.nhs.uk/stp)  
or <http://www.regionalvoices.org/node/328>

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